



SELF DEFENSE CLASS

Join the instructors at Bismarck ATA Martial Arts to learn self defense techniques that can keep you healthy and safe!

Important: Wear work-out cloths and shoes. No tag-a-longs.

Girl Fee: \$22.00 Includes: Class and patch

Adult Fee: \$10.00 Includes: Class

Date: Friday, May 10, 2019

Time: 5:30 PM - 7:30 PM CST

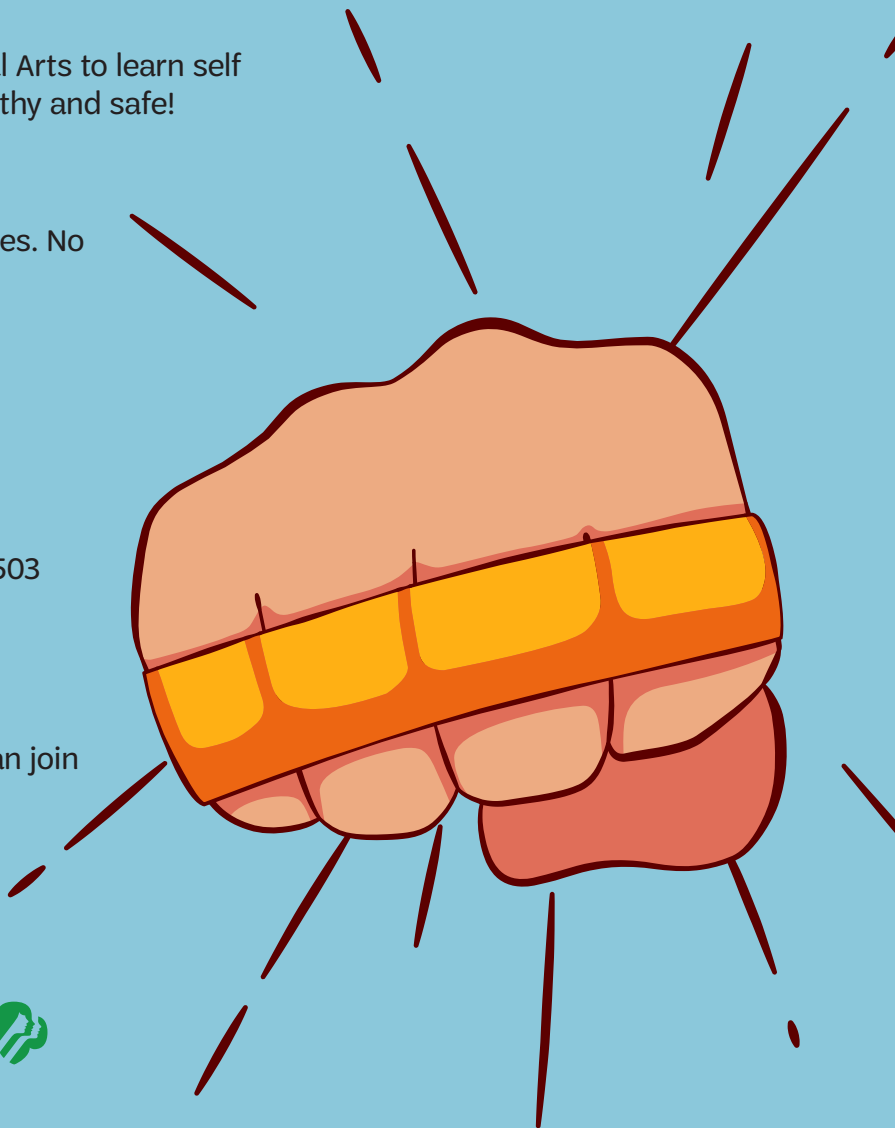
Location: Bismarck ATA Martial Arts
801 W Interstate Ave # A, Bismarck, ND 58503

Closing Date: 4/9/2019

Min:10/Max:30

Not a Girl Scout? Not a problem!

Sign up to be a Girl Scout today and you can join in the fun too!



daisies  brownies  juniors 

Register online at gsdakotahorizons.org or complete an event registration form and mail or fax with payment to be received by the closing date to:


girl scouts
dakota horizons



Girl Scouts—Dakota Horizons
Attn: Program Registrar
1002 43rd St. S, Fargo, ND 58103
Fax: (701) 293-7962