

# 2021 More Days of Summer Patch Program

Earn the More Days of Summer Patch by participating in EIGHT of the following activities, at least one from each category. On the back of this page or a sheet of paper, indicate which activities you participated in and give specific details or send a picture for at least one of them. Some can be done with your troop, some with your friends and some with your family. DO NOT USE THE SAME ACTIVITY MORE THAN ONCE. Check your badge requirements for other ideas!

## Discover

1. Research "Leave No Trace".
2. Learn about summer health issues and how to prevent them (sunburns, heatstroke, etc.).
3. Learn about camping.
4. Learn about sending light, sound, smoke, flag, etc. signals and try it.
5. Learn how to mow the lawn, weed a garden, rake, etc and do it at least 3 times.
6. Learn about what plants grow best in your area and try to grow them.
7. Learn how to identify the native plants and trees in your area and see if any are growing in your yard or neighborhood.
8. Find out what/how to compost and start a compost bin.
9. Visit a zoo or animal park.
10. Learn about the constellations, then go stargazing to identify them.
11. Earn a Girl Scout Outdoor badge.
12. Research a national park or monument.
13. Learn about 5 historical events, buildings, structures, etc in your community and visit them.
14. Create and do your own outdoor DISCOVER activity.

## Connect

14. Go on a "Leave No Trace" scavenger hunt.
15. Talk to a community organization about their summer needs (homeless shelter, food pantry, etc.)
16. Plan and go on a camping trip or camp in your backyard.
17. Play flashlight tag at night.
18. Draw pictures or write messages with chalk.
19. Have a driveway dance party and invite your friends/neighbors.
20. Grow something to eat.
21. Water (swim, ski, boat, etc)
22. Spend 30 minutes reading outside, do at least 3 times.
23. Help prepare a picnic and eat outside.
24. Visit a state or national park.
25. Hike a portion of the North Country Trail.
26. Host a barbeque.
27. Ride your bike, walk or skate at least 3 times.
28. Visit a unique outdoor sight in your community.
29. Harvest your own food (pick berries/vegetables, fish, etc).
30. Create and do your own outdoor CONNECT activity.

## Take Action

30. Teach someone about "Leave No Trace".
31. Collect & donate sunscreen, water bottles, outdoor toys, etc to a community organization.
32. Pick up trash at a park, playground, parking lot, etc.
33. Organize and lead a neighborhood bike parade.
34. Make up an outdoor exercise routine, make a video and share it with someone.
35. Fill an outdoor need in your community (garden, recycling program, help neighbors with yard work, collect garden produce to donate, etc.)
36. Work with a zoo, national park, nature center, etc to create animal habitats.
37. Plant food, flowers, trees, etc. for a non-profit organization.
38. Do at least 3 hours of community service OUTSIDE.
39. Build something for an outdoor facility and donate it (bench, picnic table, etc.)
40. Create a walking tour of your city or town and send it to the city council or park board.
41. Create and do your own outdoor TAKE ACTION activity.

Troop # \_\_\_\_\_ Girl Scout's Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email address for confirmation \_\_\_\_\_

**DEADLINE TO BE ELIGIBLE FOR THIS PATCH IS SEPTEMBER 30, 2021.**

Cost of patch is \$3.00. (checks to Girl Scouts – Dakota Horizons) Mail form and check to Jane VanHatten, 1717 7th St S, Moorhead, MN 56560. Questions? Email: [jane@vanhatten.com](mailto:jane@vanhatten.com) or text 219-916-0551. All proceeds support local Moorhead/Sabin Girl Scouts.