

## GSDH Return to In-Person Decision Guide for Volunteers

### Interim Guidance

**Safety is our top priority at Girl Scouts Dakota Horizons (GSDH).** GSDH and GSUSA have assembled COVID-19 safety and health guidance to aid volunteers with decisions regarding in-person activities. These guidelines support awareness, preparedness, and health for all members and the communities served by GSDH. In all that we do in the name of Girl Scouts, it's important to demonstrate the Girl Scout Promise and the Law.

This guidance is being provided during a time when a vaccine has not been made readily available. Volunteers should continue to take all reasonable precautions to limit potential exposure for girls, themselves and families when making decisions on in-person activities. Please note guidelines vary from state to state and even county to county in certain regions, so please be aware of local guidance for your area. Our guidance is intended to be used in conjunction with GSDH **Safety Activity Checkpoints**, and individual state and local COVID-19 circumstances, and should be considered fluid.

It is important to continue to monitor local and federal guidelines and other resources such as the Center for Disease Control (CDC). GSDH may, but is not obligated to, modify all or part of this guidance, from time to time, as situations warrant.

### Re-opening Phases

GSDH will resume some in-person activities in areas considered Moderate Risk Phase 2 (see Phase chart) beginning September 8, 2020. COVID-19 risk is fluid and the guidance provided does not supersede more recent government guidance or restrictions. Volunteers should regularly check the GSDH Health Updates page, read GSDH emails and review individual state and local COVID-19 information for changes that apply to their areas of responsibility.

### Navigating the Guidance

1. Review the Hygiene/Safety/Health Risk Mitigation section.
2. Determine which phase your area is in.
3. Review the table of contents section Troop and Service Unit Management for topics and phase related guidance.
4. Contact Member Services at 1-800-666-2141 or [help@gsdakotahorizons.org](mailto:help@gsdakotahorizons.org) with questions.

Phase
<b>High Risk-substantial community spread</b>
Shelter in-place recommended by CDC, state and local officials <b>Telework/Safer at Home Plan</b>
<b>Moderate Risk-Phase 1-community spread measures implemented to control spread</b>
Location positive case numbers showing a decline overall. CDC supported re-open efforts nationwide. State and local guidelines for re-opening implemented. <b>Partial re-opening. Prepping for return.</b>
<b>Moderate Risk Phase 2-community spread controlled</b>
Location positive case numbers showing a consistent, sustained decline. CDC supported re-open nationwide. State and local guidelines for re-opening implemented. <b>Partial re-opening with capacity, scheduling requirements and safety/hygiene requirements implemented.</b>
<b>Low Risk-community spread consistently controlled or poses little risk</b>
Location positive case number spread effectively managed. Nationwide, state and local fully re-open plans in place. <b>Safety/hygiene requirements at a modified level.</b>

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# Hygiene/Safety/Health Risk Mitigation

<p><b>Personal Contact</b></p>	<p>Create a safe way for girls and volunteers to greet and end meetings (like tapping elbows) instead of hugs, handshakes, high-fives, and the friendship circle.</p> <p>Note: Ensure culturally appropriate behavior and messaging.</p>
<p><b>First Aid Supplies</b></p>	<p>Troop first aid supplies should include COVID-19 prevention items including hand sanitizer (at least 60% alcohol), tissues, disposable facemasks, wipes, and disinfectants. Trash baskets or bags should be supplied for meeting and activity spaces, if not already available. It is recommended to bag items such as masks, wipes, tissues, etc. and dispose of items in trash receptacles. Follow label directions for disposal of hand sanitizers and disinfectants.</p>
<p><b>First Aid/CPR Training</b></p>	<p>Keep skills up to date for any emergency. Explore alternative methods of training that may be available during this time, such as online training. For the time period that in-person training is not available, volunteers can receive online training with a council approved training provider. Once possible in your jurisdiction, volunteers may resume in-person skills assessment.</p>
<p><b>Disinfectants and Disinfecting</b></p>	<p>Clean and disinfect surfaces before and after activity by following CDC guidelines as well as objects that are frequently touched (i.e., table tops, markers, scissors, etc.). Use a household cleaner, or see the EPA’s list of effective cleaners approved for use against COVID-19 and follow the manufacturer’s instructions for all cleaning and disinfection products (e.g., concentration, application method and contact time, etc.).</p> <p>Household bleach is effective against COVID-19 for up to 24 hours when properly diluted. Check that the bleach is not expired and determine if it can be used on a given surface. Follow the manufacturer’s instructions for application and proper ventilation. Never mix household bleach with ammonia or any other cleanser.</p> <p>To prepare a bleach solution, mix:</p> <ul style="list-style-type: none"> <li>- 5 tablespoons (1/3<sup>rd</sup> cup) bleach per gallon of water or</li> <li>- 4 teaspoons bleach per quart of water</li> </ul> <p>See the CDC’s website for more on cleaning and disinfecting community facilities.</p> <p><b>FDA Warning</b></p> <p>The FDA advised consumers (6/19/2020) not to use any hand sanitizer manufactured by Eskbiochem SA de CV in Mexico, due to the potential presence of methanol (wood alcohol), a substance that can be toxic when absorbed through the skin or ingested. FDA has identified the following products manufactured by Eskbiochem:</p> <ul style="list-style-type: none"> <li>• All-Clean Hand Sanitizer (NDC: 74589-002-01)</li> <li>• EskBiochem Hand Sanitizer (NDC: 74589-007-01)</li> <li>• CleanCare NoGerm Advanced Hand Sanitizer 75% Alcohol (NDC: 74589-008-04)</li> </ul>

	<ul style="list-style-type: none"> <li>• Lavar 70 Gel Hand Sanitizer (NDC: 74589-006-01)</li> <li>• The Good Gel Antibacterial Gel Hand Sanitizer (NDC: 74589-010-10)</li> <li>• CleanCare NoGerm Advanced Hand Sanitizer 80% Alcohol (NDC: 74589-005-03)</li> <li>• CleanCare NoGerm Advanced Hand Sanitizer 75% Alcohol (NDC: 74589-009-01)</li> <li>• CleanCare NoGerm Advanced Hand Sanitizer 80% Alcohol (NDC: 74589-003-01)</li> <li>• Saniderm Advanced Hand Sanitizer (NDC: 74589-001-01)</li> </ul> <p>Methanol is not an acceptable ingredient for hand sanitizers and should not be used due to its toxic effects. Stay completely away from sanitizers containing methanol.</p> <p>Consumers who have been exposed to hand sanitizer containing methanol should seek immediate treatment, which is critical for potential reversal of toxic effects of methanol poisoning.</p>
<p><b>Face Coverings</b></p>	<p>Volunteers should remind girls that Girl Scouts wear face coverings/masks/shields not only to protect themselves but to protect others during troop meetings and Girl Scout activities. Face coverings are a civic responsibility and a sign of caring for the community.</p> <p>Girls can bring their own face covering. Have disposable masks on hand for those who need them. Volunteers can teach girls how to handle their face covering so that the coverings are effective.</p> <p>Please see guidance titled “Additional Resources” in this document.</p> <p>Some girls or volunteers may not be able to wear masks due to medical conditions such as asthma therefore, an alternative face covering or shield may be a better option. If a volunteer or girl cannot wear any type of face covering, due to a medical condition, social distancing will be required. If you have questions or concerns, please contact us at 1-800-666-2141 for guidance on how best to handle these circumstances as they arise.</p>
<p><b>Reporting a positive COVID-19 Test</b></p>	<p><b>Reporting and communicating a positive COVID-19 test is managed by the council’s Chief Risk Officer.</b></p> <p><i>All health information is private and confidential to be shared only on a need to know basis. There are laws and regulations governing sharing of health data.</i></p> <p><b>The Chief Risk Officer, not volunteers,</b> will notify others about a positive test result. The tester’s identity will be confidential.</p> <p>The Chief Risk Officer will:</p> <ul style="list-style-type: none"> <li>• Record the facts.</li> <li>• Create a file to keep all information related to the incident together, including emails.</li> <li>• Confirm and trace the positive tester.</li> </ul>

	<ul style="list-style-type: none"> <li>• Notify the facility and anyone who may have been exposed, without sharing positive tester’s identity.</li> <li>• Alert the state Department of Health.</li> <li>• Inform others of and implement guidance from department of health.</li> </ul>
<b>Health and Permission Forms</b>	Wording has been added to annual health and permission forms to acknowledge coronavirus risk: “While Girl Scouts Dakota Horizons (GSDH) takes recommended safety and preventative precautions, GSDH can in no way warrant that COVID-19 virus transmission will not occur through participation in GSDH meetings, events, or programs.”
<b>GSDH Waiver</b>	<p>GSDH requires a signed waiver for each minor and adult participant prior to participation or facility utilization with Girl Scouts. Participants may be required to submit more than one Waiver depending on the GSDH and the host’s obligations.</p> <ul style="list-style-type: none"> <li>• Troop Co-Leaders collect a completed waiver for each participant attending troop activities/meetings and maintain on file along with annual Health and Permission form.</li> <li>• Service Unit Managers or Event Coordinators collect a completed waiver for each participant at any event or meeting. See Hosting Events/Programs section for more.</li> <li>• Participants in council hosted events will submit a waiver digitally as requested for each event.</li> </ul> <p>See Additional Resources for GSDH Waiver.</p>
<b>Participation Rosters</b>	<p>Volunteers who host in-person activities will be required to maintain a sign-in sheet recording every attendee for each in-person activity conducted in the name of Girl Scouts (i.e. SU meeting, girl program). Record should include date, location, and start/end times.</p> <p>Volunteers should retain records for three years from the date of activity.</p> <p>Also see Hosting Events/Programs.</p>
<b>Food, Dining and Snacks</b>	<p>Volunteers should be careful when handling and serving food and have girls be careful with each other when eating. Safety recommendations for food, dining and snacks include:</p> <ul style="list-style-type: none"> <li>• Encourage girls to bring their own foods to eat (bag lunch or dinner).</li> <li>• Encourage girls not to share their food after having touched it, such as a bag of chips.</li> <li>• Individually wrapped items are recommended.</li> <li>• If providing snacks, especially if unwrapped, have one person, wash her hands, then wear gloves to hand out items to each person, such as with cupcakes or cookies.</li> <li>• Use a serving spoon or scoop rather than reaching into a bag or bowl.</li> <li>• Use a buffet line only if staffed with a safely protected server with mask and gloves.</li> <li>• Avoid “serve yourself” buffets.</li> </ul>

	<ul style="list-style-type: none"> <li>• Public dining only after phase permits in your location.</li> <li>• If serving family style, have one person, wearing clean gloves, serve everyone on clean plates.</li> <li>• Use disposable plates, forks, napkins, etc. when possible.</li> <li>• Encourage girls to bring foods they can easily cook themselves (a prepacked foil pack) or hotdog for outdoor cooking.</li> <li>• Ensure everyone handling food, those serving, girls, adults, wash hands (even if they will be wearing gloves) prior to any food prep or meals, following CDC handwashing guidelines.</li> <li>• If sharing outdoor cooking utensils (roasting forks), they should be washed and sanitized between each use or bring enough utensils so that each person gets their own.</li> <li>• Continue recommendation for 6-foot spacing during mealtimes.</li> </ul>
<b>Restrooms</b>	<p>Most public restrooms will regulate the number of people using the restroom at the same time, depending on the size. If there is no regulator or signage, ensure girls take appropriate turns to maintain social distancing and face coverings are worn to the restrooms. It is ideal to have automatic flushers and sensory faucets.</p> <p>If these are not available, girls and adults should get in the habit of using tissue or paper towel to open doors and latches, touching as little as possible. If the restroom is large, have girls use every other stall and avoid using stalls with a person next to them at the same time.</p>
<b>Additional Resources</b>	<p><b>GSDH Safety Activity Checkpoints</b>  <a href="#">Safety Activity Checkpoints</a></p> <p><b>GSDH Waiver</b>  <a href="#">Waiver</a></p> <p><b>Participation Roster</b>  <a href="#">Sign-in Sheet</a></p> <p><b>Restrictions to Consider by State</b>  <a href="#">State-by-State Restrictions</a></p> <p><b>Cloth Face Coverings</b>  <a href="#">Face Coverings</a></p> <p><b>General Coronavirus</b>  <a href="https://www.cdc.gov/coronavirus/2019-ncov/">https://www.cdc.gov/coronavirus/2019-ncov/</a></p> <p><b>Department of Health by State</b>  <b>SD:</b> <a href="https://doh.sd.gov/news/Coronavirus.aspx">https://doh.sd.gov/news/Coronavirus.aspx</a>  <b>ND:</b> <a href="https://www.health.nd.gov/diseases-conditions/coronavirus">https://www.health.nd.gov/diseases-conditions/coronavirus</a>  <b>IA:</b> <a href="https://idph.iowa.gov/emerging-health-issues/novel-coronavirus">https://idph.iowa.gov/emerging-health-issues/novel-coronavirus</a></p>

**MN:** <https://www.health.state.mn.us/diseases/coronavirus/situation.html>

**Respiratory Etiquette: Cover your Cough or Sneeze**

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

[https://www.cdc.gov/healthywater/hygiene/etiquette/coughing\\_sneezing.html](https://www.cdc.gov/healthywater/hygiene/etiquette/coughing_sneezing.html)

**Social Distancing**

<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html>

**Housekeeping**

<https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>

**Handwashing**

<https://www.cdc.gov/handwashing/pdf/Handwashing-Middle-School-8x11-p.pdf>

<https://www.cdc.gov/handwashing/pdf/HH-Posters-Eng-Restroom-508.pdf>



# Troop and Service Unit Management

Each topic has a chart with guidance based on risk categories. Volunteers should consider council guidance provided below as well as determine which category their community is in to proceed within guidelines below.

<b>Safer at Home</b>	<b>High Risk-substantial community spread</b> No in-person gatherings suggested. Local Shelter-in Place orders in effect.
<b>Return with Modifications-Phase 1 and 2</b>	<b>Moderate Risk-community spread measures implemented to control</b> In-person activities can resume based on local official restrictions for gatherings and/or CDC recommendations.
<b>Return to New Normal</b>	<b>Low Risk-community spread controlled or poses little risk</b> Modifications may be in place at the local level and/or the CDC has lifted precautionary measures.

<b>Safer at Home</b>	<b>High Risk-substantial community spread</b> No in-person gatherings suggested. Local Shelter-in Place orders in effect.
	<p><b>Troop Meetings/Events/Gatherings at a GSDH Service Center</b> In this phase there is substantial community spread and for the safety of the girls we strongly encourage virtual meetings only. No meetings can be held on Dakota Horizons property in this phase.</p> <p><b>Troop Meetings Offsite</b> Visit the <b>Girl Scouts At Home</b> page to review our Resources to Meet Virtually. Use the <b>GSDH Safety Activity Checkpoints</b> for Virtual Meetings, to guide your meeting plans.</p> <p><b>Activities/Overnights/In and Out of State Travel</b> Not permitted if shelter in-place orders or prohibitive restrictions are in effect where you'll gather:</p> <ul style="list-style-type: none"> <li>• In your home state, county or town</li> <li>• Any planned stops along the way to/from your final destination</li> <li>• At your final destination</li> </ul> <p><b>Transportation</b> Zero transportation policy. Carpooling and public transportation should be avoided and not encouraged to maintain social distancing.</p>

<b>Return with Modifications- Phase 1 and 2</b>	<b>Moderate Risk-community spread measures implemented to control</b> In-person activities can resume based on local official restrictions for gatherings and/or CDC recommendations.
	<p><b>Meetings</b></p> <p>All in-person meetings require the volunteer in charge to collect the GSDH Waiver and maintain participation rosters as outlined in the section titled <b>Hygiene/Safety/Health Risk Mitigation</b>.</p> <p>In yellow phases, meeting options need to be flexible based on the fluid nature of COVID-19 risk. Troops that are able to run online meetings as needed (or wanted) should continue to do so. GSUSA recommends maintaining a virtual to in-person ratio of at least 20/80, which means to maintain virtual meetings at least 20% of the time to keep tech skills and virtual meeting habits fresh and on the ready, should a second wave occur or shelter in-place restrictions resume. This ratio also allows for members who are not ready to meet in-person to still participate some of the time.</p> <p>If in-person service unit meetings begin, the group should maintain a virtual option for all business meetings to allow all members the ability to participate. Contact your Member Support Specialist if you need help with virtual meetings.</p>
	<p><b>Troop Meetings Offsite</b></p> <p>The current suggested maximum is ten people (eight girls and two <i>unrelated adult volunteers</i>) during <b>Phase 1</b>. However, check your local restrictions for small gatherings.</p> <p>If more restrictive than 10 people, know and follow the local restrictions. If a state allows more than ten to gather, utilize all social distancing practices and follow all preventative guidance in the section titled <b>Hygiene/Safety/Health Risk Mitigation</b>.</p> <p>For larger troops, have volunteers stay connected with girls while waiting for a safe time for everyone to gather. Large troops are wonderful, so encourage them to stay together! Some ideas for volunteers:</p> <ul style="list-style-type: none"> <li>• Host virtual troop meetings.</li> <li>• Gather up in smaller groups—such as age-level groups, patrols, or groups of girls with a particular badge they’d like to work on.</li> </ul> <p>The current suggested maximum is lifted during <b>Phase 2</b>, however social distancing is still required. Check your local restrictions for gatherings and utilize all social distancing practices and follow all preventative guidance in the section titled <b>Hygiene/Safety/Health Risk Mitigation</b>.</p> <p><b>Large Meetings/Gatherings Offsite</b></p> <p>Volunteers should seek council guidance before planning any gatherings of more than ten people during <b>Phase 1</b>. Confirm the number of people that are permitted and remind of proper girl-to-adult ratios. It is <b>strongly recommended</b> to meet outdoors as opposed to indoors, and only when social distancing can be maintained. Follow the CDC guidelines.</p>

When considering larger group gatherings of greater than 10 people, Volunteers should consider the guidance locally during **Phase 2**. Volunteers should answer the following questions to help guide this decision:

- Has a successful final phase of re-opening been completed? (several weeks after)
- Do state and local law permit larger gatherings? How many people permitted?
- Have schools been re-opened for in-person classes?
- Is the event indoors or outdoors? (outdoors is safer than indoors)
- Can social distancing be maintained?
- Can you reasonably follow CDC and GSDH guidance pertaining larger in-person gatherings?

### **GSDH Service Center**

All approved meetings conducted on any GSDH property require adherence to guidelines in **GSDH Safety Activity Checkpoints**. All participants must return and have on file a signed waiver stating the understanding GSDH cannot guarantee COVID-19 virus will not be present. Any visitor must also check in and out using the Visitor In/Out Log provided by council staff. All approved meetings must occur after regular business operating hours during **Phase 1**.

The current suggested maximum is ten people (eight girls and two *unrelated adult volunteers*). However, check your local restrictions for small gatherings. If guidance is more restrictive, local restrictions must be followed. Utilize all social distancing practices and follow all preventative guidance in the section titled **Hygiene and COVID-19 Risk Mitigation**.

Meetings with capacity limits may be scheduled during **Phase 2**. All meetings conducted on **any GSDH property** require that all participants return and have on file a signed waiver stating the understanding GSDH cannot guarantee COVID-19 virus will not be present and must practice and follow all preventive guidance in the section titled **Hygiene and COVID-19 Risk Mitigation**.

Not all camps may be open. Volunteers should call Member Services at 800-666-2141 for availability.

### **Community Meeting/Event Space**

Volunteers should use caution in selecting an offsite meeting or event location and to minimize contact with other people or facilities that have a lot of foot traffic such as restaurants.

Meetings may not be held in fitness centers or gyms because the atmosphere in sports facilities is aerosolizing resulting in a higher risk for contracting the virus in **Phases 1 or 2**.

### **GSDH Camp Property**

GSDH will individually consider (when the location is very low risk *and* overnight stays or travel is permitted in the host state and county), having families camp overnight in **Phase 2**.

All participants must return and have on file a signed waiver stating the understanding GSDH cannot guarantee COVID-19 virus will not be present and must practice and follow

all preventive guidance in the section titled **Hygiene and COVID-19 Risk Mitigation** including completion of the waiver.

Only one household will be permitted per camp in order to follow all safety hygiene, distancing and all COVID-19 protocols. Council staff will control the premises and safety protocols as well as the number of the total participants. As with public campgrounds, each individual family site is insulated from other families. No interactive activities or shared camping facilities should be used by more than one household.

### Public Facilities

In **Phases 1 or 2**, when the weather permits, outdoor spaces where social distancing can be maintained are strongly recommended for meetings. Volunteers should get advance permission from the property owner or the jurisdiction that provides the location.

For meetings held at public facilities, volunteers should contact the facility ahead of time and ask:

- Is the space cleaned, and touch surfaces (i.e., tabletops, light switches, chairs, etc.) sanitized, at least daily?
- Who else uses the space (how often, what size is the group)? Is the space cleaned between groups?
- What type of faucets and soap dispensers are available in the restroom (sensory or manual)?

Volunteers should supplement any practices that are less ideal. For example, if the troop arrives after another user group, troop should bring sanitizing wipes to get the space ready for their troop. Another example: if faucets are manual, ask volunteers to take some time to show girls how to shut them off with a paper towel and to use paper towels for doorknobs whenever possible.

### Personal Residences

COVID-19 does not change our recommendation on meeting at personal residences either indoor or outdoor, in any phase. For the safety of all members and to reduce risks to homeowners and other residents, Girl Scouts Dakota Horizons stands by our recommendation not to meet at personal residences.

### Transportation (car-pooling)

In **Phases 1 or 2**, GSDH does not recommend car-pooling until the county, town or state is safely passed its final phase of re-opening. Until then, each family unit should plan to drop off and pick up their own girls from meetings. Car-pooling or public transportation should be avoided and not encouraged in order to maintain social distancing.

Once a location is fully passed its final re-opening stage, car-pooling may resume as necessary. In the meantime, if it is essential to car-pool, consider the following precautions:

- Girls and adults should wear masks when inside of a motor vehicle.
- Keep car window opened, at least slightly, to circulate fresh air.
- Consider the personal situation of your girls:

- Do they live with an immune compromised person that they can put at risk? If so, perhaps make other accommodations for her with her parents.
- Have the families been isolating, and free from contagion? If so the troop may essentially be a safe bubble.

Remember, sustained contact within less than six (6) feet for longer than 15 minutes within an enclosed area creates high risk for virus transmission, so be very careful with carpool decisions.

### Hosting Events/Programs

The current suggested maximum during **Phase 1** is ten people (eight girls and two *unrelated adult volunteers*). However, check your local restrictions for small gatherings. If more restrictive than 10 people, follow the local restriction. If a state allows more than ten to gather, utilize all social distancing practices and follow all preventative guidance (such as face coverings) outlined in the section titled **Hygiene/Safety/Health Risk Mitigation**.

When considering larger group gatherings of greater than 10 people, volunteers should consider the guidance locally during **Phase 2**. Volunteers should answer the following questions to help guide this decision:

Volunteers should seek answers to the following questions to help guide this decision:

- Are there enough volunteers willing to support the event?
- How many people will be invited? Do state and local restrictions permit this size of gathering?
- Are there other events of this size/type being held in your community? What are the norms of the local region regarding events?
- Is the event indoors or outdoors? (Outdoors is safer than indoors provided social distancing is maintained.)
- Can social distancing be maintained?

Also consult the CDC website, "**Considerations for Events and Gatherings**"

If volunteers are unable to make a decision with their local service unit, please contact Member Services at [help@gsdakotahorizons.org](mailto:help@gsdakotahorizons.org) to be connected with your Member Support Specialist and/or Sr. Regional Director for additional support. It would be most helpful if you provide answers to the above questions when you reach out.

For the purpose of contact tracing and GSDH liability, the volunteer responsible for the in-person event will:

- Collect a GSDH Waiver for each participant in attendance.
- Maintain a sign in sheet recording every attendee for each in-person activity conducted in the name of Girl Scouts (i.e. SU meeting, girl program).
- Submit waivers and sign-in sheet to council within 24 hours of the activity by emailing copies to [help@gsdakotahorizons.org](mailto:help@gsdakotahorizons.org).

## Activities and Overnight Stays

During **Phases 1 or 2**, use **GSDH Safety Activity Checkpoints** and the **Hygiene/Safety/Health Risk Mitigation** guidance outlined in this document to plan for special activities such as field trips:

- Visit the facility's website for COVID-19 preventative measures.
- Call ahead to the facility or vendor to confirm that they are following CDC and state health department guidelines and ask any questions you have about your group's outing and safety.
- If activity or sporting equipment is being provided, ask the provider if they wipe down equipment in between uses, similar to wipe downs in between uses for equipment at the gym.
  - Make whatever appropriate accommodations are necessary based on the **Hygiene/Safety/Health Risk Mitigation** guidance outlined in this document. For example, bring extra sanitizer or disinfectant wipes if none will be provided for public use at the activity location.
- Review the plan with all families of the group .
- Decide as a group whether to go or put your activity on hold based on the number of participants willing to attend. We encourage you to vote and proceed if 60% or more of the girl/family units say yes.
  - If proceeding, seek an updated Health and Permission form with COVID-19 statement and a GSDH Waiver for each girl and adult participant.

**Overnight Stays** are not permitted during **Phase 1**. Overnight stays may be permitted in **Phase 2** if the community you will be staying in has successfully passed its final re-opening process and does not have any restrictions on group activities of this nature. Also see Travel Outside Your Community, Transportation sections.

Follow guidance from the CDC, local health department, **GSDH Safety Activity Checkpoints** and continue to practice the **Hygiene/Safety/Health Risk Mitigation** guidance outlined in this document to plan travel outside your home community. All planned stops and the final destination must also be successfully passed its final re-opening phase. The timeframes will vary from state to state, county to county, even city to city in some cases.

## Overnight Travel

As always, volunteers must seek council approval for out-of-town overnight travel. Overnight travel is not permitted during **Phase 1**. Overnight travel may be permitted during **Phase 2** if the community you will be staying in has successfully passed its final re-opening process and does not have any restrictions on group activities of this nature. Also see Travel Outside Your Community, Transportation in the **GSDH Safety Activity Checkpoints**. Follow guidance from the CDC, local health department, **GSDH Safety Activity Checkpoints** and continue to practice the **Hygiene/Safety/Health Risk Mitigation** guidance outlined in this document.

Also see Activities and Overnight Stays section.

## Day Trips

Do not require prior council approval. Remember, specific activities (i.e. amusement parks,

camping or horseback riding) you've planned may require approval based on **GSDH Safety Activity Checkpoints**.

<b>Return to New Normal</b>	<b>Low Risk-community spread controlled or poses little risk</b> Modifications may be in place at the local level and/or the CDC has lifted precautionary measures.
<p>In general, restrictions are lifted in this phase with enhanced hygiene guidelines. Volunteers should continue to use the <b>Hygiene/Safety/Health Risk Mitigation</b> guidance outlined in this document to plan as appropriate.</p>	
<p><b>Troop Meetings Offsite</b> Restrictions on troop meetings and size are lifted in this phase. Volunteers should continue to use the <b>Hygiene/Safety/Health Risk Mitigation</b> guidance outlined in this document to plan.</p>	
<p><b>Large Meetings/Gatherings Offsite</b> Restrictions on larger meetings/gatherings are lifted in this phase. Volunteers should continue to use the <b>Hygiene/Safety/Health Risk Mitigation</b> guidance outlined in this document to plan.</p>	
<p><b>Troop Meetings-GSDH Service Center</b> All restrictions on meetings conducted on any GSDH property are lifted. Volunteers should continue to use the <b>Hygiene and COVID-19 Risk Mitigation</b> guidance outlined in this document to plan. Any visitor must also check in and out using the Visitor In/Out Log provided by council staff. Meetings can occur anytime during or after regular business operating hours.</p>	
<p><b>Troop Meetings-GSDH Camp</b> Restrictions on GSDH Camp usage lifted. Volunteers should call Member Services at 800-666-2141 for availability and further directions. Any visitor must also check in and out using the Visitor In/Out Log provided by council staff.</p>	
<p>Volunteers should use <b>GSDH Safety Activity Checkpoints</b> and the <b>Hygiene/Safety/Health Risk Mitigation</b> guidance outlined in this document to plan.</p>	
<p><b>Public Facilities</b> The use of public facilities, fitness centers or gyms may resume in this phase. Volunteers should get advance permission from the property owner that provides the location. Volunteers should supplement any hygiene practices that are less than ideal and use <b>GSDH Safety Activity Checkpoints</b> and the <b>Hygiene/Safety/Health Risk Mitigation</b> guidance outlined in this document to plan.</p>	
<p><b>Hosting Events/Programs</b> In this phase programming may resume. Use <b>GSDH Safety Activity Checkpoints</b> and the <b>Hygiene/Safety/Health Risk Mitigation</b> guidance outlined in this document to plan.</p>	

## Activities

Activities may resume in this phase. Use **GSDH Safety Activity Checkpoints** and the **Hygiene/Safety/Health Risk Mitigation** guidance outlined in this document to plan for special activities.

## Overnight Stays/Travel

Overnight travel may resume in this phase. As always, volunteers must seek council approval for out-of-town overnight travel. Also see Travel Outside Your Community, Transportation in the **GSDH Safety Activity Checkpoints** and the **Hygiene/Safety/Health Risk Mitigation** guidance outlined in this document.

## Day Trips

Do not require prior council approval and may resume in this phase. Remember, specific activities (i.e. amusement parks, camping or horseback riding) you've planned may require approval based on **GSDH Safety Activity Checkpoints**. Use **GSDH Safety Activity Checkpoints** and the **Hygiene/Safety/Health Risk Mitigation** guidance outlined in this document to plan for special activities.

## Transportation (car-pooling)

Car-pooling may resume as necessary and in accordance with **GSDH Safety Activity Checkpoints** in this phase. Even then, girls and adults may want to consider keeping car windows opened, at least slightly, if the ride will be more than 10 minutes. Remember sustained contact within less than six (6) feet for longer than ten (10) minutes creates higher risk for virus transmission.