

# Five Festive Senses Patch Program



Have you ever smelled something and it instantly brought back a memory? That's because your 5 senses help your brain understand the world around you! In this patch program, you'll take a fun journey through your senses to relive magical Christmases and winters from the past—and create brand-new memories that your senses can bring back for years to come!

## Steps to earn your patch:

- [Order your patch](#) (available while supplies last)!
- Daisies / Brownies: Complete at least 1 activity from each of the senses.
- Juniors / Cadettes / Seniors / Ambassadors: Complete at least 2 activities from each of the senses.

Activities marked with \* have additional resources attached to this document.

Activities in [green](#) are linked to online resources.

## Smell

- Make homemade Christmas candles.\*
- Make homemade [cinnamon scented pinecones](#).
- Make homemade [Christmas potpourri gift bags](#).
- Make homemade [non-edible cinnamon ornaments](#).
- Make homemade [holiday scented playdough](#).

## Taste

- Make snow cones from fresh snow and flavoring syrup (make sure the snow is clean).
- Host a board game night with your troop/family/friends and make tasty appetizers.
- Make [homemade eggnog](#).
- Make homemade [gingerbread cookies](#).
- Make a traditional Christmas recipe.
  - [Queen's Christmas Pudding](#)
  - [Snowman Cheese Ball](#)
  - [Apple Cider](#)
  - [Grinch Punch](#)

## Touch

- Make a Santa mason jar.
- Make Christmas sugar cookie mason jars.
- Build a snowperson.
- Build a tunnel or fort in the snow.
- Have a friendly snowball fight.

## Sight

- Go for a walk or ride around to look at the holiday decorations and lights.
- Watch a Christmas themed movie.
- Blow bubbles outside while it is snowing and watch how the bubbles start to freeze.
- Make a blanket fort and experiment with how much light you need inside of it (safely, of course).
- Attend a sports game or create your own teams and play.

## Hear

- Attend a Christmas concert or musical.
- Sing Christmas carols with your troop/family at a nursing home or at home.
- Play Christmas carols on your instrument.
- Go sledding and listen to the squeals and laughter of children.
- Listen to people ice skating and describe the sound to an adult.

# Christmas Candles

## Supplies

- 21 oz of sustainably sourced soy wax (this should make about 3 – 8oz mason jar candles)
- Dried flowers (if desired for decoration)
- Essential oil of choice

## Instructions

1. Melt the wax in a double boiler or wax melter.
2. If using dried flowers:
  - Pour just a little bit of wax into the mason jar, then gently rotate it to its side, letting the wax run around the sides of the jar.
  - Carefully press the flowers against the sides of the jar onto the melted wax. Allow the wax to harden before continuing (so the flowers stick). Dried flowers are flammable and should not be used anywhere in the candle other than pressed to the edges of the jar to avoid contact with an open flame or the wick.
3. Attach the wick to the bottom of the jar. Wrap the excess wick around a pencil to hold it in place or use a candle wick centering device.
4. Add essential oils to the melted wax, stir well, then carefully add to your mason jar.
5. Allow the wax to harden fully before trimming the wick and lighting.

\*\*\*Never leave a burning candle unattended.\*\*\*



## Christmas Scents

### Peppermint Candy

10 drops peppermint  
10 drops wild orange  
5 drops grapefruit

### Merry and Bright

10 drops lemon  
5 drops wild orange  
5 drops cinnamon  
5 drops Douglas fir

### Spiced Cider

10 drops cinnamon  
7 drops clove  
5 drops cardamon  
3 drops wild orange

### Tree Farm

10 drops Siberian Fir  
10 drops cypress  
5 drops cedarwood

### Traditional Christmas

10 drops clove  
10 drops cinnamon  
5 drops frankincense

# Santa Mason Jar

Ho Ho Ho! Tis the season to decorate a mason jar to look like Santa, replete with a felt hat and ribbon belt. Fill with the receivers favorite candy or treats.

## Supplies

- Mason jar
- Red craft or spray paint
- Felt - red, white, and yellow
- Hot glue
- White pom pom or marble
- Black ribbon
- 2 white buttons

## Instructions

1. Paint the inside of a mason jar with red paint.
2. Cut a piece of red felt into cone shape and glue to the metal ring; shape into a hat.
3. Cut a thin strip of white felt and hot glue to the bottom of the hat.
4. Attach a small white pom pom or marble to the tip of the hat with hot glue.
5. Wrap a length of black ribbon around the lower part of the jar to create a belt.
6. Top with a piece of yellow felt that's fashioned into a buckle with hot glue.
7. Attach two white buttons with hot glue.



# Sugar Cookie Mix Mason Jar

The perfect gift for the baker in your life. Fill a large mason jar with your [favorite sugar cookie mix](#) and your recipient will enjoy the fruits of your labor.

## Supplies

- Cookie ingredients
- Large Mason jar
- [Light bulb shaped Christmas ornament](#)
- Gift tag
- Cookie cutter (optional)
- Ribbon

## Instructions

1. Fill a large mason jar with the dry ingredients for sugar cookies; attach lid.
2. Fill a fillable light bulb-shaped Christmas ornament with cookie decorating items such as sprinkles and edible pearls.
3. Write instructions for making cookies on a gift tag.
4. Attach ornament, tag, and a cookie cutter to the jar with ribbon.

