

Road Trip Patch Program



Long drive? No problem! Make the most of your time in the car and earn your Road Trip patch when you travel over 120 combined miles* on an adventurous road trip to camp or exploring the outdoors. Travel can take place to a council event, troop trip, or with your family.

*Distance is in one direction, not round-trip, and is calculated from troop or family's departing address to venue address.

Steps to Earn Your Road Trip Patch

1. Complete 8 of the 14 activities listed below.
2. [Order your patch!](#)

Activities marked with * have additional resources attached to this document.

Activities

1. Map it out.

Look at a paper map covering the area that you are traveling and highlight the route that you are planning to take. Make sure to mark when you switch highways or interstates. How many interstates and highways did you take?

2. Make some snacks.*

Everyone gets hungry when they are on the road. prepare some healthy snacks and drinks to keep your group full and hydrated. What snacks did you take?

3. Dashboard Master

Ask an adult riding as a passenger (or the driver while they aren't driving) to teach you about the car's odometer, speedometer, fuel gauge, dashboard indicator lights, turn signals, headlights, windshield wipers, gear shifts, rear view and side mirrors. How do you know your car is low on gas?

4. Pop the Hood

Have you ever seen what makes a car run? Pop the hood and take a look! Ask an adult to help you identify the engine, battery, windshield wiper fluid, oil and more! What did you see?

5. Learn how to Pump Gas

Ask a troop leader or parent to show you how to pump gas. (Note: Children under licensed driving age should not operate the pump but may observe.) Where did you stop for gas?

6. Girl Scout Songs*

Sing a few Girl Scout and camp songs to pass the time! What's your favorite? Girl Scouts Together, Make New Friends, Bazooka Bubblegum—the list is endless. You can also use the internet or phone a friend to learn a new song. What did you sing?

7. Geography Journey

When you drive this far, you are bound to see new things. Use a map (or pull out your phone) to see what geographic markers you'll pass and learn what makes it unique.

8. Water, Water Everywhere

List the names of five rivers, creeks, or lakes that you cross on your journey.

9. Plan a Meeting, Campout, or Upcoming Journey

Road trips are a great time to plan. Use this time to plan the who, what, where, when, why, and how of an upcoming campout, meeting, or badge you want to earn. What did you plan?

10. State Traveler

Are you crossing a state line while traveling? Stop at a rest stop and take a picture with the state sign you're traveling to. What state are you coming from and crossing into?

11. Play a Game

Play a fun road trip game that involves no materials. What games did you play?

12. Sticky Note Word Game

Bring some sticky notes and washable markers. Pick 1-2 girls (or adults) to call out random words from road signs, and write one on each sticky note, sticking them to the inside of your window. Then challenge yourself to create a complete sentence by rearranging them. What was one of your sentences?

13. The Talk Jar

There are sure to be some quiet moments in the car, and it is easy to prepare to fill these moments with interesting questions. Write interesting discussion questions on small pieces of paper and put them in a jar or container, pull one out and ask the group. What was the first question you answered?

14. License Plate Bingo

Print out a map of the United States for each person in your car and then play a fun—and educational— game of bingo. When anyone in the car sees an out-of-state license plate, they should shout it out and then mark it on their map. If you forget the maps, make a list instead. How many states did your troop or family see?



Apple Cinnamon Baked Oatmeal Muffins

Ingredients

3 cups Old Fashioned Quaker Oats

2 eggs

1/2 cup agave nectar

1/2 teaspoon nutmeg

3 Granny Smith apples, diced

1 1/2 cups milk

1 teaspoon vanilla

1 teaspoon cinnamon

2 teaspoons baking powder

1 cup raisins

Instructions

1. In a large bowl, combine milk, eggs, vanilla, cinnamon and nutmeg. Stir. Add agave, baking powder and oats. Stir. Fold in apples and raisins. Refrigerate batter overnight.

2. Preheat oven to 350 degrees F. Spray a jumbo muffin tin with nonstick spray. Fill each tin with oatmeal mixture. Bake for 25 minutes. Grab and go!

In a large bowl, combine milk, eggs, vanilla, cinnamon and nutmeg. Stir. Add agave, baking powder and oats. Stir. Fold in apples and raisins. Refrigerate batter overnight.

Preheat oven to 350 degrees F. Spray a jumbo muffin tin with nonstick spray. Fill each tin with oatmeal mixture. Bake for 25 minutes, or until set. The perfect grab-and-go meal!



Homemade Cheez-Its

Ingredients

8 ounces cheddar cheese (about 3 cups grated)	4 tablespoons unsalted butter, chilled
1 teaspoon kosher salt	1 cup all-purpose flour
2 tablespoons ice-cold water	1/2 teaspoon paprika
1/2 teaspoon ground mustard powder	1 teaspoon cornstarch
1 egg, optional	Flaky sea salt, optional

Instructions

1. In a food processor, pulse the cheese until finely grated. The cheese may have some larger clumps, but that's OK. They will break up as the butter gets worked into the dough later.
2. Transfer the cheese to a bowl with the flour, cornstarch, paprika, mustard powder and salt. Stir until combined.
3. Next, using a pastry blender (or a fork), cut the butter into the flour mixture until it resembles coarse crumbs.
4. Add the cold water and use your hands to gently work it into the dough until it starts to clump and hold together.
5. Transfer the dough to a clean work surface. Pat into a flattened disk (about 1 inch thick), then wrap tightly in plastic and chill for at least 1 hour, or up to 2 days.
6. When ready to bake, preheat the oven to 350°F and line two sheet pans with parchment paper.
7. Unwrap the dough and roll out, using a rolling pin, on a lightly floured work surface. Roll until the dough is less than 1/8-inch thick. The thinner, the better!
8. Use a fluted pastry wheel, pizza cutter or sharp knife to trim the rolled dough into a neat square. Then, slice into 1-inch-wide strips before making perpendicular slices across the strips to create 1-inch squares.
9. Transfer the squares to parchment-lined baking sheets. Then use a toothpick or skewer to poke a hole through the center of each. If desired, brush the crackers with a little beaten egg wash to give them some shine.
10. Sprinkle the crackers lightly with flaky sea salt (here's why it's the best type of salt for these crackers), then bake for 15-18 minutes, until crisp and golden around the edges. Remove from the oven and allow to cool completely on the baking sheet before serving.

Girl Scout Songs

12 Days of Summer Camp

Tune: "The twelve days of Christmas"

On the first day of summer camp My mother sent to me... A box of oatmeal cookies.

On the second day of summer camp My mother sent to me... Two T-shirts, And a box of oatmeal cookies.

On the third day of summer camp My mother sent to me... Three pairs of socks, Two T-shirts, And a box of oatmeal cookies.

On the fourth day of summer camp My mother sent to me... Four woolen caps, Three pairs of socks, Two T-shirts, And a box of oatmeal cookies.

Five underpants, etc.

Six postage stamps, etc.

Seven nose warmers, etc.

Eight Batman comics, etc.

Nine bars of soap, etc.

Ten Band-aids, etc.

Eleven shoestrings, etc.

Twelve bottles of insect repellent, etc

The Girl Scout Law Song

Tune: "If You're Happy and you Know It"

On my honor I will try to live the Law On my honor I will try to live the Law. (refrain)

I'm a Girl Scout and you know it. Word's and actions clearly show it. On my honor I will try to live the long.

Number 1 says I'll be honest and be fair, The truth will honor well the pin I wear.

Being friendly, being helpful's number 2. Look around you and you'll see what you should do. Considerate and carding's number 3, Putting other's interests way ahead of me.

Number 4 says I'm courageous and I'm strong, Being brave and helping others get along.

Alice the Camel

Alice the camel has 4 humps, Alice the camel has 4 humps

Alice the camel has 4 humps so go Alice go wibble wobble wibble

Alice the camel has 3 humps, Alice the camel has 3 humps

Alice the camel has 3 humps so go Alice go wibble wobble wibble

Alice the camel has 2 humps, Alice the camel has 2 humps

Alice the camel has 2 humps so go Alice go wibble wobble wibble

Alice the camel has 1 hump, Alice the camel has 1 hump

Alice the camel has 1 hump so go Alice go wibble wobble wibble

Alice the camel has 0 humps, Alice the camel has 0 humps

Alice the camel has 0 humps
Because Alice was a donkey.

Responsible for what I say and do, Number 5 tells that a Scout will follow through.

Respecting others as I do myself, Number 6 was taught to us as Brownie Elfs.

Number 7 says respect authority, Giving honor to the one who's leading me.

To use resources wisely's number 8, we protect the earth before it is too late.

As you try to make the world a better place, You begin by letting smiles light up your face. Number 10's a snap to try to figure out! Who's my sister? All Girl Guides and all Girl Scouts!