

# Helping Hands Upcycle Challenge

For 110 years, Girl Scouts have been working to make the world a better place.

We're challenging you to unearth your imagination and create something new out of something old...to breathe new life into an old or unwanted item or material in a way that can help someone else.

## What is Upcycling?

Recycling is good, but upcycling is better! Recycling is turning what we normally throw away into something we can use again, either in its current form or as something else. Upcycling is taking something we might recycle and transforming it into something more valuable.

We create too much waste, and upcycling is a fun way to reduce the amount of garbage we generate. Think of all the tshirts, jeans, purses, jewelry, toys and just plain stuff we throw away each year.

Upcycling is more energy efficient because materials are not broken down or degraded. Instead, they are reimagined and repurposed, adding value and quality while extending the life of the material or item.



## Ways to Participate

### 1. In-Person at BIG Event

Items can be brought to any BIG Event between 1:00-1:30 PM. Winners will be announced around 3:15 at each event. Pre-registration is encouraged but not required.

Registration: <https://bit.ly/upcycle2022>

### 2. Online

Entries will be accepted online from September 25 through October 30. Winners will be announced on October 31.

\*See full rules and guidelines **BEFORE** you get started.

# Challenge Rules

1. Your prototype must demonstrate at least one STEM (Science, Technology, Engineering and Mathematics) concept.
2. This contest is for registered Girl Scouts only.
3. At least 75% of all parts must be recycled from some previous use. Glue, tape, paint, screws, and other fastening devices are not included in the 25% that do not have to be recycled.
4. All work must be done by the Girl Scout, and all work must be original (not a copy of someone else's work, and no work completed by parents, etc.)
5. The contest will be divided into 6 brackets based on the Girl Scout level of the team members. Age brackets are Daisy, Brownie, Junior, Cadette, Senior, Ambassador. Prizes will be awarded for each bracket.
6. Each project will be judged on the following criteria:  
Innovation and Creativity | Effective Use of Materials | Engineering | Usefulness and Functionality of the Upcycled Object | Bonus/Amaze

## Additional Rules

### In-Person

- The upcycled design cannot exceed the size of 2 foot x 2 foot square area.
- Items must be entered between 1:00 and 1:30. Items will need to be picked up at 4:00.
- Pre-registration is encouraged but not required: <https://bit.ly/upcycle2022>
- Participants of BIG event will vote for "People's Choice" award.
- No glitter, sequins or similar "messy" items can be used.
- All decisions of the judges will be final.
- Contest winners will be announced at approximately 3:15 of the BIG Event.

### Online

- Entries will be accepted online from September 25 through October 30. (Entry form will close at 9:59 pm CT on October 30.) Winners will be announced October 31.
- Participants cannot enter more than once.
- Participants cannot win more than once.
- No glitter, sequins or similar "messy" items can be used.

#### **To enter, complete the online entry form and include:**

- One photo of the item(s) you used BEFORE you started your project.
- One photo of your project AFTER it's been completed.
- Brief description (maximum of 150 words) of your project.
- List of items of you used in your project. Please indicate items which item(s) you recycled.
- Registration for online challenge: [https://bit.ly/upcycle2022\\_online](https://bit.ly/upcycle2022_online)

